

Starters

Swimmers- Calamari Strips

You won't believe how tender these Breaded Calamari Strips are! Fried golden brown and served with Cocktail Sauce 7.25

Chifteles- Meatballs

Sweet and Spicy Bite-Sized Romanian Meatballs served with Bread 4.25

The Board- French Baguettes

Warm French Baguettes served with Sundried Tomato Cream, Pesto Cream and Garlic Cream- Get one to share! 7.95

Crostato- Bread & Cheese

Two Petite Baguettes served with One Cream (Pesto, Garlic, Sundried or Cranberry) and One Cheese (Smoked Gouda, Sharp White Cheddar, Provolone or Chevre) 4.95

Bobbers- Shrimp Cocktail

Four Jumbo Shrimp "bobbing" in Cocktail Sauce. 4.25

Harpoons- Grilled Kabobs

Tender Grilled Shrimp Kabobs served with a duo of flavorful dips: Fat-free Sunshine Orange and Cool Ranch 6.95

Frizzles

Breaded Golden Veggies

Artichoke Frizzles

Artichoke Hearts breaded in a lightly seasoned batter and deep fried to a golden brown. Served with Garlic Cream and Ranch Dressing 6.95

Green Bean Frizzles

Green Beans breaded in a lightly seasoned batter and deep fried to a golden brown. Served with Garlic Cream and Honey Mustard 5.95

Blankets

Uniquely flavored flat-bread 'pizzas'

Abbott

Laura's Salsa Verde, Spicy Shredded Pork, Diced Tomatoes, Green Onions and Five Cheese Blend 8.95

Virtue

Grilled Chicken Breast, Zucchini, Sundried Tomatoes, Artichoke Hearts, Roasted Yellow Peppers, Roasted Garlic Cream and Five Cheese Blend 8.95

Cable

Hickory BBQ Sauce, Grilled Chicken Breast, Red Onions and Cheese- Staff favorite! 7.95

Security

Smoked Gouda, Gorgonzola, Parmesan, Sundried Tomato Cream and Five Cheese Blend 7.75

Niagara

Pesto Sauce, Spinach and Sundried Tomatoes with Goat Cheese, Mozzarella, Romano, Jack and Provolone 8.25

Bacon

Garlic Mashed Potatoes covered with Cheddar Cheese a dollop of Sour Cream and, of course, BACON! 7.95

Soups

Tortilla Soup

A warm and flavorful Southern California favorite. Tortilla Soup topped with Grilled Chicken Breast, Avocado, Sour Cream and Tortilla Strips 7.95

Clam Chowder

Dave's special recipe New England Clam Chowder
Bowl: 5.95 Cup: 3.75

Lobster Bisque

Rich and Creamy Lobster Bisque 7.95

Soup du Jour

Ask your server for today's selection of hearty soups.
Bowl: 5.95 Cup: 3.75

Starter Salads

The Small Salad

Spring Greens with Golden Raisins, Pecans, Tomatoes and choice of dressing 4.25

Pesto Couscous

Couscous with Portobello Mushrooms, Sundried Tomatoes, Grilled Zucchini and Artichoke Hearts 2.75

Cucumber Lime Couscous

Couscous with Cucumber, Zucchini, Roasted Red Peppers, Green Onions, Cilantro and Lime Juice 2.75

Salads

Joy Salad

Spring Greens, Grilled Chicken Breast, Sundried Tomatoes, Artichoke Hearts, Gorgonzola, Bacon and Croutons with Balsamic Dressing 8.95

Ensalada OB

Grilled Chicken Breast, Cotija Cheese, Tomatoes, Red Onions, Tortilla Croutons and Avocado on Spring Greens and tossed with Salsa Fresca Dressing 8.45

Wonder Salad

Spring Greens, Salmon, Shrimp, Artichoke Hearts and Capers with Lemon Wedges & Fat-free Sunshine Orange Dressing 9.45

Jennifer's Salad

Creamy Chicken Salad made with Green Grapes and Pecans- served with Tomato Wedges and Avocado Garnish 8.45

Caesar Salad

A bed of Romaine tossed with Caesar Dressing & topped with Romano Cheese and Croutons 7.45
Add Chicken or Shrimp: 8.95

Clarity Salad

Spring Greens, Tomatoes, Strawberries, Green Onions, Cucumber, Artichoke Hearts, Pistachios, Gorgonzola Cheese and Croutons with Balsamic Dressing 7.95

Pacific Salad

Secret Recipe creamy Shrimp and Crab salad with onion and celery. Served with Focaccia Toast Points. 8.45

House Specialties

Fish & Chips Plate

Three large portions of flakey Icelandic Cod dipped in our special batter and served with French Fries and our homemade tarter sauce on the side 8.95

Fish Taco Plate

Two Icelandic Cod Tacos battered then wrapped in corn tortillas, topped with cabbage, Cotija cheese, Salsa Fresca, and served with refried beans 8.95

Carnitas Quesadilla

Laura's tender shredded pork grilled in a flour tortilla with cheese and ancho-chile & cranberry BBQ sauce. Served with Salsa Verde, sour cream, and refried beans 8.95

Tamale Plate

Hearty Southern California Beef Tamale with Roasted Poblano Chile Cheese Sauce and served with refried beans. 8.95

Lunch Specials!

Sorry, No Substitutions

Soup and Salad

Your choice of any Starter Salad, Mini Caesar, or Mini Clarity AND a cup of Soup du Jour 5.95

Sandwich & Soup or Salad

Your choice of one Mini Sandwich (Tenacity, Bliss, Confidence, Power or Comfort) AND Cup of Soup du Jour -OR- Salad (Any Starter Salad, Mini Caesar or Mini Clarity) 6.95

Sandwiches - Paninis - Burgers

Add Sweet Potato Fries, French Fries, Onion Rings, Roasted Potatoes or Couscous for \$1

Add a cup of soup or a small salad for only \$2.50

Power Roast Beef Sandwich

Tender Roast Beef, Sharp White Cheddar, Roma Tomatoes, Red Onions, Garlic Cream and Spring Greens on a French Baguette 7.45

Pleasure Chicken Sandwich

Grilled Chicken Breast, Provolone, Roasted Red Bell Peppers, Roasted Garlic Cream and Spring Greens on a Multi-grain Baguette 6.95

Bliss Veggie Sandwich

Provolone, Grilled Zucchini, Roma Tomatoes, Red Peppers, Sundried Tomato Cream and Spring Greens on a Multi-grain Baguette 6.95

Comfort Ham Sandwich

Maple Glazed Ham, Smoked Gouda, Roasted Yellow Bell Peppers, Cranberry Cream, Red Onions and Spring Greens on a French Baguette 6.95

B.A.I.T. Sandwich

Bacon, Fresh Avocado, Leaf Lettuce and Tomato with Mayo, served on a French Baguette 7.45

Peace Turkey Sandwich

Smoked Turkey Breast, Provolone, Roasted Yellow Bell Peppers, Cranberry Cream and Spring Greens on a Multi-grain Baguette 6.95

Tenacity Chicken Sandwich

Grilled Chicken Breast, Smoked Gouda, Roma Tomatoes, Red Onions, Pesto Cream and Spring Greens on a French Baguette 6.95

Southern Belle Sandwich

Creamy Chicken Salad made with Sweet Grapes and Pecans on a Multi-grain Roll with Lettuce and Tomato 8.95

Surfin' Chicken Sandwich

Grilled Chicken Breast with the works! Bacon, Avocado, Ortega Chiles, Cheddar & Jack, Mayo, Lettuce, Tomato and Onion on a Toasted Bun 9.95

Confidence Turkey Sandwich

Smoked Turkey Breast, Smoked Gouda, Roasted Red Peppers, Dijon Mustard and Spring Greens on a French Baguette 6.95

Valor BBQ Pork Sandwich

Lean and Tender pulled pork in Dave's Secret Recipe BBQ Sauce on a Toasted Bun 7.45

Paninis

Vision Turkey Panini

Smoked Turkey Breast, Smoked Gouda, Bacon, Roasted Red Bell Peppers, Roasted Garlic Cream and Spring Greens on Focaccia 7.95

Wisdom Veggie Panini

Chevre, Portobello Mushrooms, Roasted Yellow Bell Peppers, Red Onions, Sundried Tomatoes, Pesto Cream and Spring Greens on Focaccia 7.45

Poise Ham Panini

Maple Glazed Ham, Smoked Gouda and Sharp White Cheddar on Sourdough. Served with Jalapeño Jelly 7.95

Freedom Chicken Panini

Grilled Chicken Breast, Brie, Roma Tomatoes, Roasted Yellow Bell Peppers, Honey Mustard and Spring Greens on Focaccia 7.95

Trust Roast Beef Panini

Tender Roast Beef, Sharp White Cheddar, Dijon Mustard, Roasted Red Bell Peppers, Red Onions and Spring Greens on Focaccia 7.95

Burgers

Hamburger

Half pound of Lean Angus Beef with Mayo, Lettuce, Tomato and Onion served on a Toasted Bun 6.95
With Cheese: 7.45

Surfin' Burger

Half pound of Angus Beef with the works; Bacon, Avocado, Ortega Chiles, Cheddar, Jack, Mayo, Lettuce, Tomato and Onion on a Toasted Bun 9.95

Desserts

Shade's Luscious Half Pound Brownie

Rich, deep Chocolate Brownie, Frosted with Nuts-served in a pool of Milk Chocolate with your choice of either Vanilla or Coffee Ice Cream. Plenty to share! 6.95

Simple Sundae

A scoop of creamy Vanilla Ice Cream topped with your choice of Chocolate Syrup, Caramel or Strawberry and a dollop of Whipped Cream 2.95

Cookie!

Just want a little sweet something? Ask your server for today's selection of Fresh Baked Cookies! 1.00
OR: 2 for \$1.75

New York Cheesecake

Either unadorned for the purists, or topped with Strawberry or Chocolate sauce. 5.95

Cinnamon Amaretto Bread Pudding

Our homemade Cinnamon Bread Pudding is generously topped with Amaretto and delectable Coffee Ice Cream 7.95

Beverages

Bottomless Soft Drinks

Pepsi, Diet Pepsi, Mug Root Beer, Sierra Mist, Mountain Dew, Pink Lemonade, Lipton Raspberry Iced Tea, Brewed Iced Tea 2.50

Orange Juice

Fresh Squeezed Orange Juice 3.35

Hot Chocolate

Piping hot and topped with whipped cream 2.95

Simas! Smoothies- Hot or Cold

Mocha, Spiced Chai, Blueberry Matcha Green Tea, Tropical or Strawberry 3.75

Coffee

Rich French Roast, Regular or Decaf 2.50

Hot Tea

An Assortment of Flavored and Regular, Herbal and Decaffeinated Teas 2.50

Juice, Juice, Juice

Apple, Cranberry, Tomato, Pineapple, Grapefruit 2.95

Sides & Extras

French Fries

2.75

Onion Rings

2.95

Roasted Potatoes

2.75

Sweet Potato Fries

2.75

Refried Beans

2.75

Dressing

Ranch, Blue Cheese, Balsamic, Fat-free Sunshine Orange, Honey Mustard .50

Bacon

3.45

Avocado

2.00

Caramel Dip

yummy with Sweet Fries .50

Sour Cream

.75

There will be a \$2 charge for menu items split in the kitchen